

## Demo Meet - 4/18/2016

## Potsdam Central School

## Results

**Girls 100 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Castagnier, Hayley	Massena	13.40
2 Dukette, Jayde	Tupper Lake	13.60
3 Vaccaro, Rachel	Potsdam	14.10
4 LaRoe, Vanessa	Potsdam	14.20
4 Stevens, Essie	Potsdam	14.20
6 Rushlow, Julia	Massena	15.20
7 Jacob, Tianna	Massena	15.40
8 Chamberlain, Allison	Tupper Lake	16.80
9 Methot, Kiera	Tupper Lake	17.10
--- Merchant, Grace	Potsdam	X14.70
--- LoMastro, Emma	Potsdam	X14.90
--- Burwell, Taylor	Potsdam	X15.50
--- McCabe, Paige	Potsdam	X15.60
--- Page, Kristen	Massena	X15.60
--- Parker, Kristen	Potsdam	X17.20

**Girls 200 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Castagnier, Hayley	Massena	27.30
2 Kenyon, Lilly	Potsdam	28.50
3 Dukette, Jayde	Tupper Lake	28.80
4 Vaccaro, Rachel	Potsdam	29.90
5 Stevens, Essie	Potsdam	30.10
6 Rushlow, Julia	Massena	33.00
7 Jacob, Tianna	Massena	33.70
--- Pecora, Isabel	Potsdam	X30.20
--- McCabe, Paige	Potsdam	X32.90
--- Davis, Nicole	Massena	X34.30
--- Garfield, Noelle	Potsdam	X34.90
--- Parker, Kristen	Potsdam	X37.10
--- Benedict, Rachel	Massena	X37.40

**Girls 400 Meter Dash**

Name	School	Finals
<b>Finals</b>		
1 Klossner, Tess	Tupper Lake	1:03.40
2 Kenyon, Lilly	Potsdam	1:09.70
3 LaMay, Hillary	Massena	1:11.20
4 Noriega, Jayden	Massena	1:14.70
5 Ware, Emily	Massena	1:15.60

**Girls 800 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Jenkins, Avalon	Massena	2:43.10
2 Monaghan, Catherine	Potsdam	2:48.00
3 Eggleston, Danielle	Massena	3:04.80
4 Sipler, Kasandra	Tupper Lake	3:07.00
5 Dominy, Sarah	Potsdam	3:13.30
6 Martin, Nicole	Massena	3:21.20
7 Murray, Taylor	Potsdam	3:26.10

**Girls 1500 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Jenkins, Avalon	Massena	5:32.30
2 Monaghan, Catherine	Potsdam	5:33.50
3 Dean, Violet	Potsdam	5:58.50
4 Eggleston, Danielle	Massena	6:29.60
5 Brownell, Clare	Potsdam	6:35.70
6 Jacobs, Kahsenniiostha	Massena	7:57.50

**Girls 3000 Meter Run**

Name	School	Finals
<b>Finals</b>		
1 Ettinger-Delong, Alison	Potsdam	13:09.70
2 Allen, Emily	Massena	13:51.60
3 Martin, Natalie	Massena	14:41.80
4 Skufca, Julianna	Potsdam	15:15.10
5 Dean, Violet	Potsdam	16:29.70

**Girls 100 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Lamica, Jacalyn	Massena	16.60
2 Lucht, Lauren	Potsdam	17.70
3 Kenyon, Lilly	Potsdam	18.60
4 Kwasniak, Sandra	Tupper Lake	20.20
5 Hunkins, Alissa	Massena	22.50
6 Gladding, Kelsy	Massena	27.00
--- Rusaw, Sophia	Massena	X26.10

**Girls 400 Meter Hurdles**

Name	School	Finals
<b>Finals</b>		
1 Lamica, Jacalyn	Massena	1:18.60
2 Holt, Hannah	Potsdam	1:20.00
3 Kwasniak, Sandra	Tupper Lake	1:23.20
4 Beauchamp, Ann	Potsdam	1:26.90
5 Hunkins, Alissa	Massena	1:28.00
6 Gladding, Kelsy	Massena	1:37.00
7 Miller, Sarah	Potsdam	1:40.70
--- Brownell, Clare	Potsdam	X1:42.30

**Girls 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Potsdam	A	56.40
1) LaRoe, Vanessa	2) Merchant, Grace	
3) Stevens, Essie	4) Vaccaro, Rachel	
2 Massena	A	59.50
1) Castagnier, Hayley	2) Jacob, Tianna	
3) Noriega, Jayden	4) Rushlow, Julia	
3 Potsdam	B	x1:03.60
1) Aidun, Savarah	2) Burwell, Taylor	
3) LoMastro, Emma	4) Mangual, Camryn	

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**Finals ... (Girls 4x100 Meter Relay)**

Team	Relay	Finals
4 Massena	B	x1:05.00
1) Benedict, Rachel	2) Davis, Nicole	
3) Page, Kristen	4) Rusaw, Sophia	
5 Potsdam	C	x1:07.90
1) Berger, Erica	2) McCabe, Paige	
3) Ormsby, Emma	4) Pcolar, Hannah	

**Girls 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Tupper Lake	A	4:42.30
1) Sipler, Kasandra	2) Kwasniak, Sandra	
3) Dukette, Jayde	4) Klossner, Tess	
2 Massena	A	4:49.30
1) Hunkins, Alissa	2) Jenkins, Avalon	
3) LaMay, Hillary	4) Ware, Emily	
3 Potsdam	A	4:54.50
1) Holt, Hannah	2) Monaghan, Catherine	
3) Pecora, Isabel	4) Vaccaro, Rachel	
4 Massena	B	x5:25.70
1) Eggleston, Danielle	2) Gladding, Kelsy	
3) Noriega, Jayden	4) Page, Kristen	

**Girls 4x800 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Potsdam	A	11:46.80
1) Beauchamp, Ann	2) Brownell, Clare	
3) Dominy, Sarah	4) Holt, Hannah	
2 Massena	A	12:11.60
1) Allen, Emily	2) LaMay, Hillary	
3) Martin, Natalie	4) Martin, Nicole	
3 Potsdam	B	x14:08.90
1) Petrovic, Iva	2) Murray, Taylor	
3) Skufca, Julianna	4) Ettinger-Delong, Alison	

**Girls High Jump**

Name	School	Finals
<b>Finals</b>		
1 Lamica, Jacalyn	Massena	5-00.00
2 Beauchamp, Ann	Potsdam	4-08.00
2 Lucht, Lauren	Potsdam	4-08.00
4 Merchant, Grace	Potsdam	4-06.00
5 Jacobs, Ga-lee-why-oh-lee-to	Massena	4-00.00
--- Miller, Sarah	Potsdam	XDNF

**Girls Long Jump**

Name	School	Finals
<b>Finals</b>		
1 Klossner, Tess	Tupper Lake	15-09.00
2 Lamica, Jacalyn	Massena	14-01.00
3 Dukette, Jayde	Tupper Lake	13-07.00
4 Stevens, Essie	Potsdam	13-05.00
5 Pecora, Isabel	Potsdam	12-09.50

6 Kwasniak, Sandra	Tupper Lake	11-05.00
7 Mangual, Camryn	Potsdam	11-02.00
8 Castagnier, Hayley	Massena	10-05.50
--- Hunkins, Alissa	Massena	X12-01.00
--- Ware, Emily	Massena	X10-11.00
--- LaRoe, Vanessa	Potsdam	X10-01.50
--- Rusaw, Sophia	Massena	X9-08.50
--- Gladding, Kelsy	Massena	X6-07.50

**Girls Triple Jump**

Name	School	Finals
<b>Finals</b>		
1 Klossner, Tess	Tupper Lake	33-10.00
2 Lucht, Lauren	Potsdam	32-09.00
3 Holt, Hannah	Potsdam	30-01.00
4 LoMastro, Emma	Potsdam	29-05.00
5 Jacob, Tianna	Massena	21-11.00
6 Allen, Emily	Massena	21-03.00
--- Pecora, Isabel	Potsdam	X27-01.00

**Girls Shot Put**

Name	School	Finals
<b>Finals</b>		
1 Zurek, Katie	Tupper Lake	33-11.50
2 O'Connor, Casey	Tupper Lake	31-09.50
3 Trombley, Breanna	Tupper Lake	28-03.00
4 Lewis, Sydney	Massena	25-07.50
5 Johnson, Keyana	Potsdam	25-05.50
6 Jacobs, Ga-lee-why-oh-lee-to	Massena	22-02.50
7 Petrovic, Iva	Potsdam	20-07.00
8 Kroll, Emma	Potsdam	20-05.50
9 Jacobs, Kahsenniiostha	Massena	20-02.50
--- Benedict, Rachel	Massena	X22-11.00
--- Pcolar, Hannah	Potsdam	X20-08.50
--- Methot, Kiera	Tupper Lake	X19-11.50
--- LaMay, Hillary	Massena	X19-02.50
--- Ormsby, Emma	Potsdam	X18-04.00
--- Blanchard, Katherine	Potsdam	X18-01.00
--- Gray, Madison	Potsdam	X17-11.50
--- Berger, Erica	Potsdam	X17-06.50
--- Davis, Nicole	Massena	X17-02.50
--- Chamberlain, Allison	Tupper Lake	X16-06.00
--- Rushlow, Julia	Massena	X15-01.00

**Girls Discus Throw**

Name	School	Finals
<b>Finals</b>		
1 Zurek, Katie	Tupper Lake	103-09
2 O'Connor, Casey	Tupper Lake	88-05
3 Trombley, Breanna	Tupper Lake	80-07
4 Jacobs, Kahsenniiostha	Massena	78-03
5 Kroll, Emma	Potsdam	65-04
6 Lewis, Sydney	Massena	56-08
7 Petrovic, Iva	Potsdam	54-10
8 Ormsby, Emma	Potsdam	48-08
9 Jacobs, Ga-lee-why-oh-lee-to	Massena	39-03

**Demo Meet - 4/18/2016****Potsdam Central School****Results****Finals ... (Girls Discus Throw)**

<b>Name</b>	<b>School</b>	<b>Finals</b>
--- Blanchard, Katherine	Potsdam	X65-04
--- Sipler, Kasandra	Tupper Lake	X61-10
--- Johnson, Keyana	Potsdam	X56-09
--- Gray, Madison	Potsdam	X50-05
--- Berger, Erica	Potsdam	X47-08
--- Moore, Michaela	Potsdam	X46-11
--- Davis, Nicole	Massena	X46-00
--- Dominy, Sarah	Potsdam	X44-02
--- Parker, Kristen	Potsdam	X42-06
--- Benedict, Rachel	Massena	X31-07